

Clay Community Schools

No.	Description	Source	Portion Size	Unit Cost \$	Calorie s(kcal)	Total Fat (g)	% Fat Cals	Sodium (mg)	Chol (mg)	Dietary Fiber (g)	Saturated Fat (g)	% Sat Fat	Carbs (g)
000389	ANIMAL CRACKERS	GFS - 682840	EACH	0	132	4.07	27.68%	147.54	0.00	0.51	1.02	6.91%	21.87
000692	APPLE, FRESH		APPLE	0	95	0.31	2.94%	1.82	0.00	4.37	0.05	0.52%	25.13
000714	APPLE-JACK COOKIE		EACH	0	160	5.00	28.13%	125.00	5.00	1.00	1.50	8.44%	27.00
000762	APPLES W/ CINN YOGURT TOPPIN		1 CUP	0	279	1.31	4.23%	125.20	3.13	1.73	0.67	2.15%	62.30
000393	APPLESAUCE UNSWEET // 2011-12	GFS - 610283	1/2 cup	0	46	0.00	0.00%	12.08	0.00	1.86	0.00	0.00%	12.08
000649	BACON EGG PIZZA		EACH	0	230	11.00	43.04%	450.00	55.00	1.00	6.00	23.48%	23.00
000445	BACON SLICES	GFS-125141	2 slices	0	140	12.00	77.14%	500.00	40.00	0.00	4.00	25.71%	0.00
000249	BAKED BEANS	LOCAL	1/2 cup	0	132	0.44	3.04%	342.35	0.00	4.04	0.08	0.55%	30.93
000758	BAKED CHEETOS	GFS-191090	SERVING	0	120	5.00	37.50%	210.00	0.00	0.00	1.00	7.50%	17.00
000557	BAKED LAYS ORIGINAL	LOCAL	SERVING	0	130	1.50	10.38%	170.00	0.00	2.00	0.00	0.00%	26.00
000044	BAKED POTATO	LOCAL	6 oz	0	211	5.22	22.30%	97.30	0.00	3.81	0.07	0.30%	36.59
000068	BANANAS	gfs/ vermillion	EACH	0	105	0.39	3.34%	1.18	0.00	3.07	0.13	1.13%	26.95
000537	BBQ CHICKEN/BUN	LOCAL	SERVINGS	0	330	8.52	23.22%	529.60	81.19	2.19	1.91	5.19%	32.60
000784	BBQ DIPPIN CUP	GFS-141201	EACH	0	49	0.00	0.00%	264.00	0.00	0.00	0.00	0.00%	12.00
000599	BBQ PORK ON BUN	GFS-366320	1 sandwich	0	273	10.50	34.65%	881.25	34.50	3.50	3.23	10.64%	30.75
000504	BEEF STEW // 2011-12	GFS-270199	6 OZ. SERV	0	173	8.22	42.86%	608.00	16.43	2.46	3.29	17.15%	17.25
000741	BEEFY MAC & CHEESE	LESLIE	6 OZ	0	302	15.39	45.87%	1104.95	33.79	3.56	6.07	18.10%	24.03
000778	BEET STICKS	VERMILLION	.5 CUP	0	27	0.00	0.00%	47.60	0.00	2.04	0.00	0.00%	6.80
000720	BIRTHDAY TREAT		EACH	0	102	4.32	38.24%	64.12	11.76	0.00	2.32	20.50%	15.47
000082	BISCUIT	GFS-729400	SERVING	0	190	9.00	42.63%	670.00	1.00	2.00	5.00	23.69%	23.00
000536	BISCUIT & SAUSAGE GRAVY	gfs-729400	4oz /1 biscuit	0	291	15.95	49.31%	1061.58	13.63	2.00	7.53	23.27%	29.95
000782	BLACK BEANS	GFS- 557714	1/2 CUP	0	110	1.00	8.18%	440.00	0.00	6.00	0.00	0.00%	20.00
000790	BLUEBERRIES	GFS-119873	1/2 CUP	0	0	0.00	0.00%	0.01	0.00	0.01	0.00	0.00%	0.06
000727	BOSCO BREAD STICK 4"	GFS-787440	EACH	0	110	3.00	24.55%	150.00	2.50	1.50	1.00	8.18%	15.00
000467	BR COOK'S CHOICE	LOCAL	SERVINGS	0	169	9.58	51.04%	366.10	75.66	0.31	3.08	16.42%	11.96
000721	BREAD	AUNT MILLIE'S	EACH	0	70	1.00	12.86%	165.00	0.00	6.00	0.40	5.14%	18.00
000320	BREADSTICK, WG	GFS-152211	each	0	110	1.00	8.18%	170.00	0.00	2.00	0.00	0.00%	22.00
000503	BREAKFAST BURRITO // PATTY	LOCAL	EACH	0	190	6.00	28.42%	300.00	95.00	1.00	3.00	14.21%	25.00
000305	BREAKFAST SANDWICH	GFS-208640	EACH	0	345	21.50	56.00%	747.00	124.00	1.00	7.50	19.54%	26.50
000764	BROCC & CAULIFLOWER FLORET		CUP	0	64	3.50	49.22%	106.50	2.50	1.75	0.50	7.03%	6.50
000516	BROCCOLI & CHEESE	GFS-732478	3/4 cup	0	69	3.07	40.29%	200.33	8.78	2.06	2.19	28.78%	5.44
000689	BROCCOLI W/ DIP	GFS-732478	3/4 cup	0	88	7.00	71.59%	168.00	10.00	1.50	1.00	10.23%	4.00
000506	BROWNIE // 2011-12	GFS-560553	each	0	200	6.00	27.00%	230.00	45.00	1.00	3.00	13.50%	34.00
000512	BURRITO WITH CHEESE	GFS-305367	EACH	0	371	17.40	42.16%	835.80	38.29	3.00	8.57	20.77%	37.74
000498	CANTALOUPE FRESH	LOCAL	.5 CUP	0	46	0.25	5.03%	21.44	0.00	1.21	0.07	1.35%	10.93
000493	CARROTS/ DIP	GFS-768146	3/4 CUP	0	68	3.50	46.27%	114.44	2.50	1.59	0.50	6.61%	9.07
000630	CATSUP PACKET	LOCAL	1 PACKET	0	10	0.00	0.00%	75.00	0.00	0.00	0.00	0.00%	2.00
000334	CELERY & CARROTS	768146/781592	CUP	0	28	0.06	2.06%	57.31	0.00	2.09	0.02	0.51%	6.33
000267	CELERY STICKS	GFS-781592	CUP	0	12	0.13	9.56%	59.42	0.00	1.19	0.03	2.36%	2.21
000359	CELERY w/PEANUT BUTTER	LOCAL	.5 cup	0	189	14.30	68.08%	201.17	0.00	2.96	2.69	12.80%	8.41
000388	CEREAL ASST.	LOCAL	EACH	0	115	2.05	16.05%	167.21	0.00	0.62	0.44	3.48%	23.34

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000474	CEREAL BAR	LOCAL	EACH	0	155	3.75	21.77%	140.00	0.00	2.00	0.00	0.00%	29.00
000699	CHEDDAR CHEESE STICK	GFS-786830	oz	0	91	7.00	69.23%	200.00	20.00	0.00	5.00	49.45%	0.00
000592	CHEESE OMELET	GFS-240080	EACH	0	210	17.00	72.86%	500.00	305.00	0.00	6.00	25.71%	3.00
000397	CHEESE POTATOES	FOX #126369	1/2 cup	0	130	1.50	10.39%	630.00	5.00	1.00	0.50	3.46%	21.00
000788	CHEESE, SHREDDED CHEDDAR		OZ	0	88	6.53	67.11%	364.29	1.13	0.00	1.22	12.52%	0.36
000149	CHEESEBURGER / BUN	LOCAL	each	0	310	15.01	43.54%	838.34	52.00	3.07	6.50	18.85%	23.16
000679	CHEF SALAD	LOCAL	EACH	0	284	13.19	41.87%	1327.25	62.71	2.12	4.34	13.77%	20.73
000508	CHICKEN & NOODLES/ROLL 200	LOCAL	6 OZ.	0	314	7.04	20.15%	244.26	67.00	2.48	2.19	6.26%	41.47
000507	CHICKEN & NOODLES/ROLL/2011/1	LOCAL	6 OZ.	0	310	8.46	24.54%	951.18	67.00	2.59	1.43	4.16%	37.00
000454	CHICKEN FAJITA	LOCAL	SERVING	0	363	13.25	32.84%	1441.10	67.13	2.79	4.44	11.00%	29.73
000517	CHICKEN LEGS	GFS-102784	EACH	0	128	7.00	49.22%	349.00	42.00	0.00	2.00	14.06%	4.00
000309	CHICKEN NUGGETS	GFS-150220	SERVING	0	230	13.00	50.87%	590.00	55.00	0.00	3.00	11.74%	12.00
000684	CHICKEN PATTY		EACH	0	230	13.00	50.87%	590.00	55.00	0.00	3.00	11.74%	12.00
001052	CHICKEN PATTY/ BUN // 2011/12	LOCAL	SANDWICH	0	340	14.50	38.38%	770.00	55.00	2.00	3.00	7.94%	33.00
000559	CHICKEN POPPERS	GFS-344160	SERVING	0	230	14.00	54.78%	240.00	30.00	1.00	3.00	11.74%	14.00
000447	CHICKEN QUESADILLAS // 2011-12	GFS - 188200	each	0	340	14.11	37.31%	1123.81	15.00	1.79	3.02	7.98%	38.97
000352	CHICKEN RANCH WRAP	GFS150140	EACH	0	483	26.53	49.48%	1299.29	66.13	3.00	6.22	11.60%	35.36
000460	CHICKEN TENDERS	GFS-150140	SERVING	0	200	10.00	45.00%	680.00	55.00	0.00	2.00	9.00%	12.00
000780	CHICKEN TENDERS, GLUTEN FRE	GFS-214162	3 EACH	0	195	7.50	34.61%	540.00	45.00	0.00	1.50	6.92%	15.00
000777	CHILI FRIES		CUP	0	317	12.67	36.01%	1267.05	0.00	10.34	1.67	4.74%	43.35
000510	CHILI SOUP / CRACKERS 250	LOCAL	6 OZ.	0	336	11.66	31.20%	884.08	35.20	4.81	3.82	10.22%	39.82
000341	CHIPS	GFS-158801	BAG	0	80	5.00	56.25%	100.00	0.00	0.00	1.00	11.25%	10.00
000620	CHIPS & SALSA	LOCAL	SERVING	0	125	4.61	33.11%	311.31	0.00	2.29	0.77	5.50%	17.47
000441	CHRISTMAS BREAK	LOCAL	SERVING	0	0	0.00	0.00%	0.00	0.00	0.00	0.00	0.00%	0.00
000418	CINNAMON ROLL // 2011-12	GFS-222127	2.25 oz	0	206	4.12	18.00%	179.84	3.06	1.00	1.21	5.29%	38.14
000675	CINNAMON ROLL ICING		1 TBSP	0	44	0.72	14.86%	12.04	0.06	0.00	0.01	0.15%	9.14
000451	CINNAMON TASTRIES	GFS- 828289	EACH	0	260	9.00	31.15%	400.00	5.00	1.00	4.00	13.85%	40.00
000688	CINNAMON TOAST	AUNT MILL-03	SLICE	0	139	3.27	21.20%	246.35	0.00	1.12	0.00	0.01%	23.22
000656	CON QUESO QUESADILLA		SERVING	0	260	9.00	31.15%	620.00	10.00	2.00	2.50	8.65%	29.00
000703	CONDIMENTS		EACH	0	37	0.84	20.45%	230.05	0.00	0.01	0.01	0.30%	8.13
000332	COOKIE, CHOC CHIP, OTIS	GFS- 223859	EACH	0	130	6.00	41.54%	95.00	5.00	0.00	3.00	20.77%	17.00
000465	COOKS CHOICE	LOCAL	SERVING	0	326	16.39	45.25%	915.78	42.67	1.84	5.01	13.83%	31.42
000271	CORN	comm/gfs-2837	1/2 cup	0	86	1.89	19.74%	19.66	0.00	0.76	0.00	0.00%	15.88
001062	CORN DOG // 2011/12	LOCAL	EACH	0	310	17.00	49.36%	800.00	30.00	1.00	7.00	20.32%	26.00
000505	CORNBREAD	GFS-579785	EACH	0	220	11.00	45.00%	290.00	45.00	1.00	2.00	8.18%	27.00
000492	COSMIC FRIES	GFS-545250	3 OZ SERVI	0	174	7.47	38.57%	236.51	0.00	2.49	1.25	6.43%	24.90
000434	COTTAGE CHEESE	PRAIRIE FAR	SERVING, 3	0	74	3.72	45.00%	356.84	18.59	0.00	2.23	27.00%	3.72
000722	COTTAGE CHEESE, LOW FAT	PRAIRIE FAR	SERVING 3	0	67	1.87	25.00%	358.10	11.19	0.00	1.12	15.00%	3.73
000755	CUCUMBER COINS	vermillion-1160	.5 CUP	0	8	0.06	6.60%	1.04	0.00	0.26	0.02	2.22%	1.89
000479	DINO PASTA // PATTY	LOCAL	6 OZ.SERVI	0	160	2.11	11.84%	691.87	0.00	2.53	0.42	2.36%	31.22
000706	DRIED CHERRIES		1/4 CUP	0	112	0.05	0.37%	2.00	0.00	1.40	0.00	0.00%	27.01

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000730	DUTCH WAFFLE	GFS-583774	EACH	0	290	9.00	27.96%	360.05	30.00	1.00	4.00	12.43%	47.49
000376	EASTER TREAT	GFS-350460	EACH	0	180	8.00	40.00%	75.00	10.00	0.00	4.00	20.00%	23.00
000645	EGG & BISCUIT SANDWICH	GFS	EACH	0	291	18.50	57.12%	976.00	99.00	2.00	8.50	26.24%	24.50
000769	FIESTA BLACK BEANS & RICE	LOCAL	.5 CUP	0	103	0.80	6.96%	356.27	0.00	3.45	0.01	0.06%	20.24
000779	FIESTA CORN & BLK BEANS		.5 CUP	0	115	1.10	8.57%	262.48	0.00	4.07	0.00	0.00%	22.47
000704	FISH / BUN		EACH	0	220	11.00	45.00%	270.00	50.00	0.00	2.00	8.18%	16.00
000593	FISH SEAFIT NUGGETS	GFS-157200	SERVING	0	300	13.50	40.50%	1020.00	48.00	1.50	3.00	9.00%	28.50
000734	FLATBREAD w/ CHICKEN BBQ	GFS- 158841	each	0	290	9.00	27.93%	490.00	15.00	2.00	3.00	9.31%	33.00
000487	FRENCH FRIES, thin	GFS-227951	1/2 cup	0	120	5.00	37.50%	280.00	0.00	2.00	1.00	7.50%	17.00
000368	FRENCH TOAST STICKS/ SYRUP	GFS - 176550	SERVING	0	405	12.00	26.67%	285.00	3.00	1.50	3.00	6.67%	71.50
000245	FRESH FRUIT ASSORTED 2011-12	LOCAL	EACH	0	80	0.22	2.48%	2.14	0.00	3.50	0.05	0.54%	20.68
000665	FRESH VEGGIES		1/2 CUP	0	32	0.19	5.39%	39.12	0.00	2.59	0.03	0.78%	5.60
000419	FRUIT COCKTAIL	gfs-167592	1/2 cup	0	40	0.00	0.00%	10.00	0.00	0.00	0.00	0.00%	11.00
000667	FRUIT of cooks choice		1/2 cup	0	65	0.00	0.00%	10.69	0.00	1.29	0.00	0.00%	16.36
000640	FRUIT SNACK	LOCAL	SERVING	0	80	0.00	0.00%	15.00	0.00	0.00	0.00	0.00%	20.00
000595	GARLIC TOAST	GFS-628961	SERVING	0	150	9.00	54.00%	260.00	0.00	1.00	2.00	12.00%	15.00
000686	GLAZED CARROTS		3/4 cup	0	89	2.00	20.18%	77.32	0.00	3.01	0.10	1.04%	17.92
000416	GO-GURT	LOCAL	2.25 EACH	0	70	2.00	25.71%	30.00	5.00	0.00	1.00	12.86%	11.00
000547	GOOD FRIDAY	LOCAL	1	0	0	0.00	0.00%	0.00	0.00	0.00	0.00	0.00%	0.00
000362	GR CHIC SAND. W/ BBQ PATTY//	LOCAL	EACH	0	354	12.73	32.37%	968.61	46.00	1.89	3.60	9.15%	39.88
000383	GRAHAM CRACKERS	GFS-256137	SERVING	0	121	4.05	30.00%	162.00	0.00	0.00	0.00	0.00%	22.27
000422	GRAPE BUNDLES	gfs-280895	1/2 cup	0	31	0.16	4.70%	0.92	0.00	4.14	0.05	1.53%	7.89
000392	GREEN BEANS	GFS-118737	1/2 cup	0	30	0.00	0.02%	662.29	0.00	2.63	0.00	0.00%	5.63
000130	GRILLED CHEESE SANDWICH	LOCAL	EACH	0	349	20.94	54.02%	1080.09	39.00	12.00	8.30	21.41%	37.50
000453	GRILLED HAM AND CHEESE	LOCAL	sandwich	0	290	17.44	54.05%	1403.09	56.00	6.00	6.40	19.83%	19.00
001048	HAM & CHEESE	LOCAL	EACH	0	184	7.50	36.59%	1095.00	43.00	6.00	3.90	19.02%	18.50
000697	HAM SLICE		SERVING	0	94	3.00	28.57%	1063.50	45.00	0.00	1.50	14.29%	0.00
000786	HAM, DICED	COMMODITY	OZ	0	31	1.42	40.50%	283.02	20.44	0.00	0.31	9.00%	0.63
000783	HAM, DICED		oz	0	31	1.00	28.57%	354.50	15.00	0.00	0.50	14.29%	0.00
000787	HAM, DICED TURKEY		OZ	0	31	1.42	40.50%	283.02	20.44	0.00	0.31	9.00%	0.63
000161	HAMBURGER/ BUN	LOCAL	SERVING	0	258	10.50	36.63%	422.00	39.00	3.00	4.00	13.95%	22.00
000406	HASH BROWN OVALS/ 2011-12	GFS-201146	EACH	0	131	7.00	48.09%	244.00	0.00	2.00	1.00	6.87%	15.00
000774	HONEY BUN, WW	FOX-385136	EACH	0	240	10.00	37.50%	250.00	0.00	3.00	3.50	13.12%	34.00
000162	HOT DOG / BUN	gfs-304913	each	0	273	17.50	57.69%	776.00	43.00	2.50	5.00	16.48%	20.00
000544	ICE CREAM CUP // 2011-12	GFS-587486	SERVING	0	130	7.00	48.46%	45.00	30.00	0.00	5.00	34.61%	16.00
000768	JICAMA STICKS	GFS-702889	1/2 CUP	0	23	0.00	0.00%	0.00	0.00	3.00	0.00	0.00%	5.50
000372	JUICE VARIETY	LOCAL	1/2 cup	0	60	0.00	0.00%	13.75	0.00	0.00	0.00	0.00%	14.25
000501	KIWI, FRESH	LOCAL	1/2 CUP	0	61	0.52	7.67%	2.98	0.00	2.98	0.03	0.43%	14.55
000757	LEAF LETTUCE	GFS- 702595	2 LG LEAVE	0	4	0.06	15.23%	1.38	0.00	0.28	0.01	2.01%	0.64
000765	LETTUCE SALAD		CUP	0	85	7.00	74.12%	160.00	10.00	1.00	1.00	10.59%	4.00
000607	MAC & CHEESE RED FAT 2011-12	GFS-242211	1/3 CUP	0	139	5.50	35.61%	328.50	18.50	0.50	3.00	19.42%	15.00

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000707	MANDARIN ORANGES	GFS-152811	1/2 CUP	0	90	0.00	0.00%	10.00	0.00	0.00	0.00	0.00%	20.00
000591	MASHED POTATOES	gfs-613738	1/2 CUP	0	74	1.10	13.47%	353.75	0.00	1.20	0.10	1.22%	14.60
000489	MILK - Variety		cup	0	118	0.87	6.67%	150.00	7.75	0.00	0.52	4.00%	19.15
000690	MINI CINNIS	FOX # 374952	EACH	0	240	7.00	26.25%	300.00	0.00	2.00	2.00	7.50%	40.00
000461	MINI CORN DOGS	GFS-337640	6 each	0	330	19.49	53.18%	794.76	29.99	0.00	6.00	16.36%	26.99
000066	MINI PANCAKES/SYRUP	GFS-233490	SERVING	0	240	1.50	5.63%	300.00	0.00	1.50	0.00	0.00%	53.50
000736	MINI PRETZEL DOGS	gfs-876171	serving	0	270	12.00	40.00%	510.00	15.00	0.00	6.00	20.00%	30.00
000431	MIXED FRUIT	COMMODITY	1/2 CUP	0	72	0.00	0.00%	7.57	0.00	1.39	0.00	0.00%	18.72
000433	MIXED VEGETABLES cooked	GFS-119393	1/2 CUP	0	86	1.29	13.52%	274.91	0.00	3.44	0.00	0.00%	13.84
000471	MOZZARELLA CHEESE STICKS	GFS- 519715	3 EACH	0	240	12.00	45.00%	780.00	15.00	0.00	4.50	16.88%	21.00
000029	MUFFINS ASSORT. // 2011-12	GFS - 153168	SERVING	0	160	4.50	25.31%	120.00	15.00	1.00	1.00	5.63%	27.00
000609	NACHO'S W/MEAT	LOCAL	SERVING	0	319	14.85	41.89%	791.16	53.72	4.02	6.88	19.40%	25.94
000145	NO SCHOOL TODAY		SERVING	0	0	0.00	0.00%	0.00	0.00	0.00	0.00	0.00%	0.00
000691	OAT & RAISIN BAR	GFS-507351	EACH	0	150	3.00	18.00%	150.00	10.00	3.00	1.00	6.00%	29.00
000085	ORANGE SMILES		1/2 cup	0	45	0.11	2.28%	0.00	0.00	2.27	0.02	0.38%	11.26
000663	PANCAKES		serving	0	267	2.67	9.00%	313.33	16.67	1.33	0.67	2.25%	57.00
000785	PARMESAN CHEESE PKTS	FOX-900261	PACKET	0	15	1.00	60.00%	55.00	5.00	0.00	1.00	60.00%	0.00
000682	PB&J WAFER	GFS-559881	EACH	0	290	17.00	52.76%	260.00	0.00	3.00	3.00	9.31%	30.00
000437	PEACHES	GFS-535362	1/2 cup	0	70	0.00	0.00%	10.00	0.00	0.00	0.00	0.00%	17.00
000744	PEANUT BUTTER		SERVING	0	162	13.40	74.44%	132.09	0.00	2.00	2.45	13.63%	7.18
000611	PEANUT BUTTER & JELL UNCR	GFS-661990	SERVING	0	318	15.88	45.00%	317.51	0.00	2.98	3.97	11.25%	32.74
000333	PEANUT BUTTER SANDWICH	LOCAL	SANDWICH	0	170	9.00	47.65%	245.00	0.00	7.00	1.90	10.06%	21.50
000358	PEANUT BUTTER/JELLY CUP	LOCAL	2OZ	0	235	16.00	61.28%	160.00	0.00	2.00	3.00	11.49%	16.00
000365	PEARS	GFS- 290203	1/2 cup	0	80	0.00	0.00%	5.00	0.00	2.00	0.00	0.00%	20.00
000090	PEARS,FRESH	gfs-198056	EACH	0	96	0.20	1.88%	1.66	0.00	5.15	0.02	0.19%	25.66
000040	PEAS: frozen	gfs-283760	3/4 cup	0	82	1.13	12.50%	20.25	0.00	4.08	0.00	0.00%	12.23
000696	PEPP. PIZZA BITES	GFS-840170	SERV=6 PIE	0	220	9.00	36.82%	310.00	15.00	1.00	3.00	12.27%	24.00
000092	PINEAPPLE,CHUNKS UNSWEETEN	GFS - 189952	1/2 cup	0	80	0.00	0.00%	10.00	0.00	2.00	0.00	0.00%	20.00
000766	PITA CHIPS W/ DIP	GF594450/209	SERVING	0	245	12.62	46.36%	537.97	0.00	4.79	1.01	3.72%	32.47
000585	PIZZA 5" ROUND	GF110470/696	each	0	390	17.50	40.38%	1020.00	77.50	2.00	6.00	13.85%	40.50
000725	PIZZA BITES	GFS-892020	SERVING	0	270	11.00	36.67%	590.00	15.00	4.00	3.00	10.00%	27.00
000597	PIZZA SMART PEPPERONI	GFS- 585940	each	0	300	11.00	33.00%	670.00	20.00	4.00	4.00	12.00%	36.00
000584	PIZZA STUFF CRUST	GF134678/134	SERVING	0	390	15.50	35.77%	970.00	17.50	2.00	5.00	11.54%	45.00
000404	PIZZA VARIETY	LOCAL	SERVINGS	0	295	11.07	33.72%	834.00	18.33	2.77	3.97	12.09%	33.67
000781	PIZZA, GLUTEN FREE		EACH	0	278	10.89	35.28%	962.98	11.13	1.91	2.67	8.66%	34.35
000773	PIZZA, TWISTED EDGE	GF680511-680	EACH	0	380	14.50	34.34%	930.00	25.00	4.50	5.50	13.03%	45.00
000307	POP TART VARIETY	GFS	EACH	0	195	5.50	25.38%	155.00	0.00	5.00	2.00	9.23%	34.50
000490	POTATO SMILES // 2011-12	GFS-228818	SERVING	0	195	7.50	34.62%	270.00	0.00	3.00	1.50	6.93%	30.00
000677	PRESIDENT COOKIES	fox-180003	EACH	0	130	3.50	24.23%	105.00	0.00	0.00	1.50	10.39%	22.00
000361	PRETZEL w/CHEESE	GFS-542512	EACH	0	161	7.40	41.26%	625.80	18.29	1.00	4.57	25.49%	18.74
000482	RAVIOLI	GFS-261629	CUP	0	165	4.50	24.55%	585.00	7.50	3.00	1.50	8.18%	27.00

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Clay Community Schools

No.	Description	Source	Portion Size	Unit Cost \$	Calorie s(kcal)	Total Fat (g)	% Fat Cals	Sodium (mg)	Chol (mg)	Dietary Fiber (g)	Saturated Fat (g)	% Sat Fat	Carbs (g)
000776	RED PEPPER STRIPS		.5 CUP	0	19	0.00	0.00%	1.50	0.00	1.50	0.00	0.00%	4.50
000767	REFRIED BEANS	GFS-183910	1/2 CUP	0	144	1.00	6.25%	581.00	0.00	8.00	1.00	6.25%	25.00
001000	RICE KRISPY TREATS	FOX 216238	EACH	0	90	2.50	25.00%	105.00	0.00	0.00	1.00	10.00%	17.00
000382	ROLL WG- AUNT MILLIE'S	AUNT MI-4382	each	0	109	3.56	29.24%	198.33	0.00	2.11	0.00	0.00%	16.89
000139	ROMAINE W/ TOMATO	GFS-153121	1 CUP	0	114	7.00	55.09%	334.63	5.00	1.46	1.00	7.87%	12.34
000738	ROSEY APPLESAUCE	GFS-610283	1/2 cup	0	51	0.00	0.00%	13.05	0.00	2.01	0.00	0.00%	13.15
000702	SACK LUNCH		EACH	0	813	26.86	29.72%	826.65	20.00	6.93	8.39	9.28%	123.28
000449	SALISBURY STEAK /GRAVY	LOCAL	SERVING	0	186	9.78	47.21%	733.43	5.07	0.53	3.85	18.61%	7.36
000770	SANDWICH VEGGIES		CUP	0	58	3.03	47.28%	459.25	0.00	1.00	0.00	0.07%	6.77
000646	SAUSAGE PANCAKE WRAP	GFS-189782	EACH	0	330	10.00	27.27%	470.00	15.00	0.00	3.50	9.55%	54.00
000502	SAUSAGE PATTY 11-12	GFS-785880	EACH	0	121	11.00	81.82%	172.00	26.00	0.00	4.00	29.75%	1.00
000081	SAUSAGE/ LINKS	GFS-352740	2 links	0	122	8.00	59.02%	244.00	62.00	0.00	2.00	14.75%	0.00
000172	SCRAMBLED EGGS	GFS - 584584	SERVING	0	102	5.10	45.00%	306.17	161.59	0.00	1.70	15.00%	1.70
000483	SEASONED FRIES	GFS-118861	1/2 cup	0	217	11.67	48.46%	667.05	0.00	3.34	1.67	6.93%	28.35
000578	SEASONED WEDGES	GFS-457558	SERVING	0	175	8.10	41.54%	364.49	0.00	2.70	2.70	13.85%	24.30
000415	SHERBET, ORANGE 2011-12	GFS - 509809	EACH	0	137	2.00	13.14%	35.00	4.00	1.00	1.00	6.57%	30.00
000748	SMART COOKIE,ENG/SPNSH	COMMERCIAL	EACH	0	100	3.00	27.00%	75.00	0.00	2.00	1.00	9.00%	18.00
000412	SNICKER DOODLE	GFS-408910	each	0	84	3.59	38.42%	77.95	4.10	0.00	1.54	16.46%	11.79
000443	SNOW MAKE UP DAY	LOCAL	EACH	0	0	0.00	0.00%	0.00	0.00	0.00	0.00	0.00%	0.00
000513	SPAGHETTI/MEAT SAUCE -2011-12	LOCAL	6 OZ.	0	295	10.94	33.35%	940.54	28.40	3.34	4.12	12.57%	33.01
000407	SPRING BREAK		EACH	0	0	0.00	0.00%	0.00	0.00	0.00	0.00	0.00%	0.00
000723	STRAWBERRIES	COMMODITY	1/2 cup	0	39	0.12	2.83%	2.20	0.00	2.20	0.01	0.15%	10.04
000098	STRAWBERRIES: frozen	GFS-244630	1/2 cup	0	38	0.12	2.83%	2.18	0.00	2.18	0.01	0.15%	9.94
000671	STRAWBERRY BAR	GFS-832640	EACH	0	140	3.00	19.28%	75.00	0.00	1.00	1.00	6.43%	28.00
000329	SUB SANDWICH	LOCAL	SANDWICH	0	223	7.44	29.98%	1459.70	44.06	2.53	3.00	12.09%	21.38
000409	SUMMER BREAK	LOCAL	EACH	0	0	0.00	0.00%	0.00	0.00	0.00	0.00	0.00%	0.00
000731	SWEET TATOR TOTS	GFS-872570	3/4 cup	0	219	6.75	27.69%	388.12	0.00	3.38	0.00	0.00%	38.81
000529	TACO SALAD/240 JTM TACO MEAT		SERVINGS	0	363	16.10	39.92%	850.42	50.44	4.95	5.65	14.00%	30.41
000520	TACO SALAD/250 W/BEEF	LOCAL	SERVING	0	430	25.71	53.82%	798.03	75.10	2.65	10.83	22.68%	24.11
000043	TATER TOTS	gfs-233404	3 oz	0	206	9.52	41.54%	492.06	0.00	3.18	1.59	6.92%	26.98
000672	TEACHER WORKDAY		EACH	0	*N/A*	*N/A*	*N/A%*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A%*	*N/A*
000414	TEDDY GRAHAM	LOCAL	EACH	0	90	2.50	25.00%	105.00	0.00	0.00	0.00	0.00%	16.00
000440	THANKSGIVING BREAK		SERVING	0	0	0.00	0.00%	0.00	0.00	0.00	0.00	0.00%	0.00
000325	TOAST,WG	aunt millie's	1 SLICE	0	85	2.48	26.30%	188.62	0.00	6.00	0.40	4.25%	18.00
000789	TOMATOES, CHERRY		1/2 CUP	0	16	0.25	14.14%	6.70	0.00	0.82	0.03	1.93%	3.46
000644	TROPICAL FRUIT SALAD		4 OZ	0	87	0.11	1.16%	6.98	0.00	1.41	0.04	0.39%	21.05
000678	TURKEY AND NOODLES	LOCAL	6 OZ	0	207	4.02	17.50%	992.82	54.40	0.66	1.33	5.79%	27.74
001054	TURKEY/CHEESE SANDWICH	LOCAL	each	0	249	11.46	41.50%	885.71	59.90	6.00	4.64	16.80%	20.32
000709	TWISTER FRIES	LAMB	1 CUP	0	140	5.00	32.14%	20.00	0.00	2.00	2.00	12.86%	21.00
000666	VEGETABLE of cooks choice		serving	0	83	0.56	6.04%	221.84	0.00	2.60	0.03	0.29%	18.07
000619	WAFFLE	LOCAL	2.2OZ SERV	0	286	9.00	28.33%	296.09	25.00	2.00	2.50	7.87%	47.06

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000712	WAFFLE STICKS	GFS- 152221	2 EACH	0	220	2.00	8.18%	420.00	0.00	2.00	0.00	0.00%	48.67
000101	WATERMELON,CHUNKS	LOCAL	1/2 cup	0	34	0.17	4.50%	1.13	0.00	0.05	0.02	0.48%	8.56
000695	WG CHEZ BREAD STIX		STICK	0	180	2.50	12.50%	290.00	10.00	3.00	1.50	7.50%	29.00
000650	WG DINNER ROLL	aunt millie's	EACH	0	84	1.06	11.25%	158.33	0.00	2.11	0.00	0.00%	16.89
000687	WW BREAD		1SLICE	0	212	15.17	64.50%	391.80	0.00	6.00	0.40	1.70%	18.00
000542	YOGURT// FOX RVR UPSTATE FAR	gfs-551751	1/2 cup	0	90	0.00	0.00%	75.00	0.00	0.00	0.00	0.00%	19.00

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